



## Northamptonshire Healthcare

# **End of Life Care Practice Development Team**





Our aim is to share information & inform you of our education sessions

Welcome to this revised edition of the End of Life Practice Development Teams newsletter. We hope you can find the information within this newsletter to support your learning needs; however we are always open to developing bespoke sessions for organisations. Please make contact with us to discuss this if we can help.

#### **ADVANCE CARE PLANNING (ACP)**

ACP enables people to consider their wishes and preferences and plan for a time when they may no longer be able to speak for themselves. As the use of ACP increases it is imperative that we develop our knowledge and skills to facilitate this.

We are pleased to offer ACP education which includes the principles and legalities of ACP and the associated communication skills.



Thursday 25<sup>th</sup> April 2024
This session will be via MS Teams - 2-4pm

Workshop charged at £45.00 per person for non NHFT Staff

## SAGE & THYME Foundation Level Communication Skills workshop teaches:

- A memorable structured approach for getting into and out of a conversation
- SAGE & THYME
- How to empower patients/carers who are worried or distressed
- Communication skills that are evidence based
  - ❖ Thursday 9<sup>th</sup> May 2024 1.30 4pm via MS Teams
  - ❖ Tuesday 25<sup>th</sup> June 2024 1 -4pm Face to face Workshop

This is a nationally recognised workshop charged at £90 per person for non NHFT Staff

#### **End of Life Care Link Group**

This group has free membership from health and social care organisations across Northamptonshire, who have a particular interest in End of Life Care; if you would like to join this group, please email <a href="mailto:eolceducation@nhft.nhs.uk">eolceducation@nhft.nhs.uk</a>. The next meeting is:

• Wednesday 26th June 2024 - 2- 3pm via MS Teams

## **Enhanced Communication Skills Workshop**

We are excited to offer further dates on this course that has been developed in collaboration with the internationally recognised Maguire Communication Skills Training Unit. This one day enhanced level communication skills course is for Registered Professionals who have already completed SAGE & THYME Communication Skills and covers key communication skills and behaviours, within an evidence based structure 'ENGAGE'.

Thursday 16<sup>th</sup> May 2024

Workshops are 9am – 4pm and will be Face to Face at Cynthia Spencer Hospice £120 per person for non NHFT staff

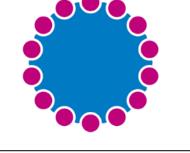
### **Principles of Palliative and End of Life Care for Allied Health Professionals**

This one day in-person study day is designed and delivered by Specialist Palliative Care AHPs, for AHPs across Northamptonshire to explore the principles of palliative care and end of life care.

It aims to build confidence in supporting those with a palliative diagnosis, such as degenerative neurological and cardiorespiratory conditions and to enable you to take these skills and knowledge into to your area of practice.

#### Outline of the day:

- What is Palliative and End of Life Care?
- Palliative Care Services in Northamptonshire
- Rehabilitative Palliative Care
- Advance Care Planning and Communication Skills
- AHP role in the last days of life



We hope to offer this study day again in June 2024. Please email to register your interest in attending.



These workshops will be 9am – 4pm and Face to face at Pondwood Business Hub in Moulton Park in Northampton. Places cost £120 per person for non NHFT staff.

Please note that where are sessions are free, non-attendance without 72 hours prior notification will be charged for and we will invoice your organisation. To check availability and book your place via our booking form, please contact <u>03000 271300</u> or email eolceducation@nhft.nhs.uk.

We continue to be commissioned by individual organisations to deliver education to suit their particular learning needs, if this is of interest, please contact us for a copy of our course prospectus.

If you require further support or have additional learning needs the team will endeavour to offer you support.

If you would no longer like to receive emails from us, please get in touch and we will remove you from our distribution list.



