



CHALLENGE 70!

Set yourself a challenge around the number '70' and aim to raise at least £70 by asking your friends and family to sponsor you.

YOU COULD:

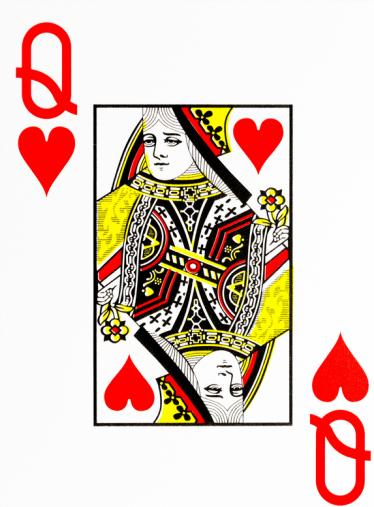
- Do 70 sit ups / press ups / pull ups or keepy uppies for 70 days.
- Give up your favourite snack or drink for 70 days.
- Hold a sponsored silence for 70 minutes.
- Cycle 70 miles, or swim 70 lengths, or run for 70 minutes.... but you don't have to follow our suggestions!

HAVE FUN and make up your own!



ROYAL RAFFLE

Whatever your JUBILEE celebration - raise the roof with a Royal Raffle or a Sweepstake
Get friends and family to donate a prize fit for a queen - it's as easy as saying JU-BI-LEE!
Sell 70 tickets at a £1 (or 35 at £2) each to raise your £70....
(you can download your sweepstake from www.cransleyhospice.org.uk)



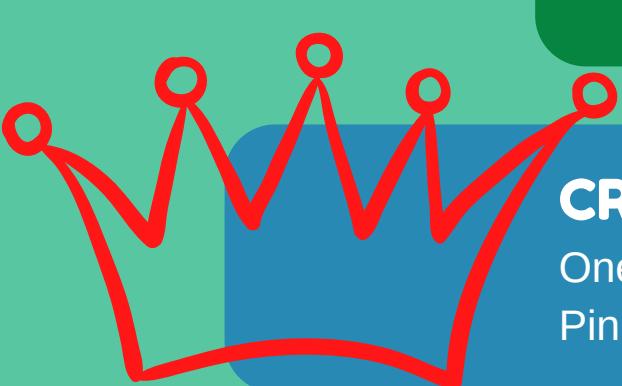
NO JOKERS

Charge your guests/colleagues £1 or £2 a go to find the Queen in a pack of cards.
Or play higher or lower with the Queen being the highest card.



QUIZ QUEENS

Challenge family and friends to a "Royal" Quiz. If you charge £10 per team then you only need 7 teams to reach your £70 target!



CROWNING GLORY

One for the kids... have a crown making/ colouring competition £2 a go and the winner gets a prize
Pin the "jewel in the crown", £2 or £5 a go and the winner gets a prize.



ROYAL FAMILY TREASURE HUNT

Print out pictures of different members of the Royal Family. On the reverse of each picture write a trivia question about the Queen and hide the pictures around your garden. Ask each player to make a donation and the person who answers all the questions correctly in the quickest time wins a prize.



ROLLIN' WITH THE QUEEN

Place a bottle of your favourite tipple on a flat floor and everyone takes a go at rolling £2 or £1 from 2 metres away. The closest coin with the queen's head facing up wins the bottle.



THANK YOU

for choosing to raise £70 for 70 years in support of Cransley Hospice Trust.

