

YOUR HOSPICE NEWSLETTER

Autumn Edition



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www.cransleyhospice.org.uk

AUTUMN EDITION 2020

HOSPICE UPDATES

The official newsletter of Cransley Hospice



IN THIS NEWSLETTER

A message from Rachel Herrick,
Director of Income Generation
and Communications

Page 2

We Thank You
Hospice Care Week

Page 3

The Dobbs family raise over
£26,000

Cransley Events 2020

Page 4

NEW Tulip Tribute Field
Challenge Events 2021

Page 5

Why we love volunteering

Page 6

History of Cransley part II
Tree of Lights 2020

Page 7

Festive Feet 2020
Christmas cards for sale
Secret Santa shopping

Page 7

HELLO AND WELCOME!

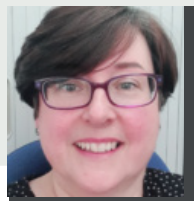
We've had some lovely warm days but the nights are starting to draw in and Autumn is here.

There has been much to celebrate here at Cransley over the past few months and the biggest of those is how you, the local community have continued to support us during a most challenging time. We know there are difficult days ahead but as we celebrate 'Hospice Week,' I wanted to personally say a huge thank you for your continued support.

We have been asked many times over the past few months what is the best way to support us during this time; a regular gift or donation enables us to plan for the future, safe in the knowledge that we can continue to provide our service. If you would like to know more, please either call or e-mail the office and one of us will be delighted to speak with you. I hope that you enjoy our Autumn edition.

Keep safe and well everyone,

Best wishes
Rachel Herrick



WE THANK YOU

#GiftAFlower

As a special THANK YOU for your support during Hospice Care Week, anyone that donates to Cransley Hospice between the 5th and 11th October will receive a special pack of Lupin seeds from us, as a small token of our appreciation.

We have specifically chosen the Lupin as the flowers represent imagination, admiration, and overall happiness.

Whether you choose to pass the seeds on as a gift or grow them in your own garden, the Lupin is said to bring energy and inner strength to recover from trauma.

Your support over the past few months has been truly humbling and means the world to us. We hope that the Lupins will help you to reflect and remember loved ones when they blossom in the spring and summer each year. As a perennial plant the flowers will come back year after year.

If you would like to set up a regular donation please contact our office on 01536 452 423 or email info@cransleyhospice.org.uk, or if you would like to make a one off donation and receive a pack of seeds go to:

<https://cransleyhospice.dedicationpage.org/thankyou>

Thank you!



**DONATE DURING
HOSPICE CARE WEEK**

5th - 11th October

**TO RECEIVE YOUR
THANK YOU PACK
OF LUPIN SEEDS**

#HospiceCareWeek

LOOKING AHEAD

2020 EVENTS COMING UP!

Hospice Care Week
5th - 11th October

Festive Feet
30th November - 31st
December

Tree of Lights
6th December

THE DOBBS FAMILY RAISE £26,000 FOR CRANSLEY HOSPICE

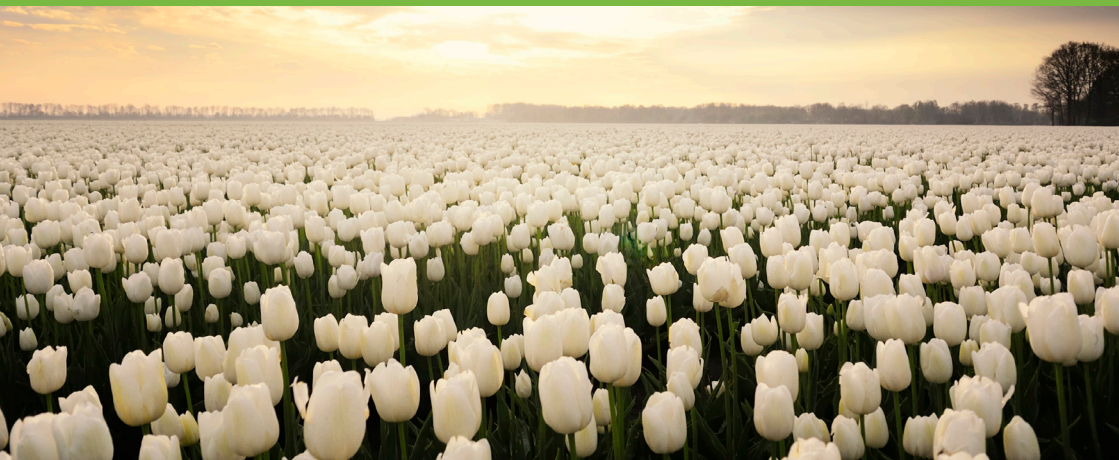
The Dobbs family have raised an incredible £26,000 for Cransley Hospice in the 7 years since their beloved Ken Dobbs passed away.

Ken was diagnosed with an aggressive form of oesophageal cancer in October 2012, sadly passing away 3 months later at just 57. Ken left behind 3 beloved sons, Michael, Andy and Richard, Lynn, his girlfriend of 7 years, and his ex-wife and good friend, Gill.

Michael said "Whilst at Cransley, he was back to himself, cracking (bad) jokes, playing tricks on the hospice staff and visitors. He felt safe and comfortable which made it easier for us. We knew that he was well looked after, and he wouldn't feel alone."

The family have been actively fundraising; abseiling, cycling, running the London Marathon, hosting golf days and even running an annual quiz. Most recently Michael and Andy cycled 100km in the Cransley BIG cycle and as a surprise were joined, virtually, by their brother Richard who cycled 100km around Shanghai, where he now lives.





NEW IN MEMORY TULIP FIELD

In September we launched our new Tulip Field in memory pages which replace the Sky of Memories and Sharing memory pages. These special pages are easy to set up and an ideal way to remember your loved ones by sharing memories.

A **Tulip tribute** is your own special website page dedicated to your loved one where you can remember and share special dates, memories and photographs with friends and family as well as sharing details of fundraising activities and challenges. It's a positive way to honour and remember someone special and create a lasting legacy. To set up a Tulip tribute go to: www.cransleyhospice.org.uk/start-a-tulip-tribute/

A **Tulip dedication** is a simple and easy way to leave a lasting memory of someone special in the Tulip field of memories. You can simply write a message, you may wish to post it with a picture or simply state their name and make a donation. To leave a dedication simply go to: <https://cransleyhospice.dedicationpage.org/tulipfield>

CHALLENGE EVENT PROGRAMME 2021

Sky Dive - April tbc

Trek Snowdon at Night
22nd - 23rd May

Trek Hadrian's Wall
25th - 27th June

Cycle London to Paris
14th - 18th July

Mudnificent 7 - August tbc

Cycle Wales End to End
12th - 15th August

Great North Run
12th September

Trek Fest - 18th September

London Marathon
3rd October

FULL DETAILS @
cransleyhospice.org.uk/events

WHY WE LOVE VOLUNTEERING

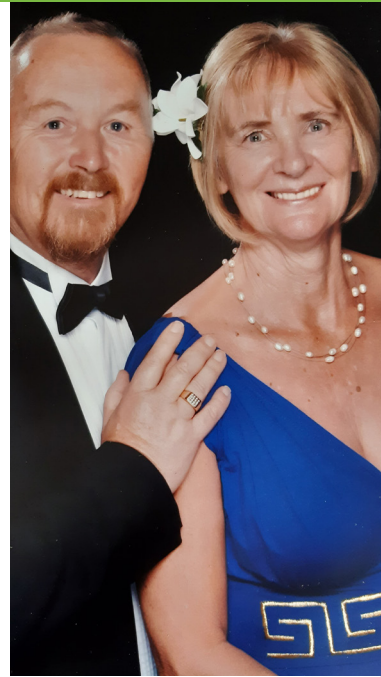
BY ANGELA AND JOHN

Before COVID-19 changed everything, you would have seen the familiar faces of Angela and John volunteering at the Hospice between nine and twelve on a Tuesday.

The couple have been volunteering at Cransley since 2012 when they moved to the area from the Isle of Wight, helping in the hospice and supporting Gerrard with the chaplaincy.

John checks the stock, replenishing the linen and makes cups of tea, whilst his wife, Angela manages the reception. Aside from taking calls, Angela's friendly face is welcoming and reassuring to patients and their families as they come and go. They're always on hand for a chat, to offer support, advice or just a hug when it's needed.

Angela and John said "It's very rewarding." "We're there to help meet the needs of the patients or families, to provide support, empathise, advise and just be available to talk if that's what's needed." "It can be emotionally draining at times, which is why we like to get away to our boat." "It is a commitment and it's important that people are able to see a familiar face when they come in, but it's a privilege to work at Cransley."



**"IT'S IMPORTANT
THAT PEOPLE SEE
A FAMILIAR FACE
WHEN THEY COME
IN. IT'S A
PRIVILEGE TO WORK
AT CRANSLEY"**



HISTORY OF CRANSLEY HOSPICE - PART 2

BY REV. DR. JOHN SMITH

So there it was, Cransley Hospice, in an old 19th century ward with a strange wavy ceiling - a whim of the architect who designed it. Yes it was old but it rapidly proved that you could provide good hospice care whatever the building.

And to be honest it wasn't adequate. Excellent in-patient care, but there was no room for out-patients, our specialist nurses, and no room for family support and counselling. All important components of palliative care in the hospice and the community.

When Extracare won the contract for managing the long stay patients in St Mary's in a new building, Sunley Court, I asked if they could build a new Cransley alongside.



To my surprise they agreed. Not perfect because it was an "off the peg" design but it could and did offer so much more.

A 20 year lease was agreed, we all knew that a larger purpose built hospice would be needed but it was an important stepping stone on the way. The end of the lease is now looming and predictably we have outgrown Cransley number two!

Watch this space and hopefully I will soon be writing about a new Cransley, a hospice that will continue to serve the people of north Northamptonshire, a local hospice for you.

TREE OF LIGHTS

Join us "virtually" at this year's Tree of Lights service to be held in Kettering.

This reflective service is the ideal opportunity to remember loved ones and will be streamed live so that those that are further away are able to share in the occasion with their virtual Tree of Lights pack.

www.cransleyhospice.org.uk/events/treeoflights



My

Darling Wife

Our Awesome Uncle

Beloved Nanna

Treasured Grandpa

My Loving Son

My special Aunt

Wonderful Friend

Amazing Dad

Brilliant Brother

cherished Sister

My Missed Husband

Cransley
Hospice 

Tree of ²⁰²⁰
Lights



#FESTIVEFEET

Have a little Festive Fun in the office or at home and put your funkiest festive socks on to support Cransley Hospice.

30th November - 31st December

CHRISTMAS CARDS AVAILABLE NOW!

You can purchase cards from our shops at
2, Horsemarket, Kettering, NN16 ODG
or

from our eBay shop:

www.ebay.co.uk/str/cransleyhospicetrust
5 Designs, £3.75 per pack 10 cards

SECRET SANTA GIFTS FROM THE COMFORT OF YOUR SOFA

SHOP OR DONATE TO OUR
EBAY SHOP
[www.ebay.co.uk/str/
cransleyhospicetrust](http://www.ebay.co.uk/str/cransleyhospicetrust)



THINK OF US ANYTIME
YOU SHOP ON AMAZON
www.smile.amazon.co.uk

RAISE FREE FUNDS
FOR US ONLINE
www.giveasyoulive.com



GENERATE DONATIONS
FOR CRANSLEY HOSPICE
www.thegivingmachine.co.uk

Follow us on our social channels



info@cransleyhospice.org.uk
Fundraising Office: 01536 452423
Cransley Hospice: 01536 452017
Charity Shop: 01536 414343
Coffee Shop: 01536 518111

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