

YOUR HOSPICE NEWSLETTER

Summer Edition



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www.cransleyhospice.org.uk

HOSPICE UPDATES

The official newsletter of Cransley Hospice



HELLO AND WELCOME!

I hope that you have all been keeping well under these difficult circumstances!

It is a privilege and a delight to be able to introduce myself as the Director of Income Generation and Communications at Cransley. I plan to bring my experience and knowledge from 20 years' of working in the charity sector to the benefit of Cransley and look forward to meeting you all as the restrictions ease and a degree of normality resumes. Our fresh, "new-look" Summer newsletter gives a little peek into some of the exciting initiatives that have been going on at Cransley and in the community during the last few months of lockdown. I hope you enjoy the read and welcome your feedback on the new look.

Very best wishes,
Rachel Herrick



IN THIS NEWSLETTER

A Message from Rachel Herrick,
Director of Income Generation
and Communications
Page 1

Fundraising Heroes
Page 2

The BIG Garden Party
Page 3

Looking Ahead
Page 4

Sharon Butlin, RGN. My journey to
become a specialist palliative care
nurse at Cransley
Page 5

History of Cransley
Page 6

Support Cransley from your sofa
Page 7

WE COULDN'T DO IT WITHOUT OUR FUNDRAISING HEROES!

A massive THANK YOU to each and every one of our community fundraisers who have dreamt up amazing, new exciting ways to fundraise and support Cransley Hospice especially over the last few months.

We've been bowled over by the efforts of Ali McClure and the Burton Latimer Town Cricket team. The teams hope of any matches looked slim because of the pandemic but players were determined to cycle, run and walk the 5060km they would normally travel over the course of a season. The team smashed the distance one day early and raised a phenomenal £3,645.

A very special mention, well done and thank you to **Jodie Merrell** who completed 67.6 miles over 26 days raising £1,231 and **Flora Scott** who completed 100km in 10 days to raise an incredible £2,180 which is to be generously matched by RWC Partners.

“CORONAVIRUS WILL COME AND GO BUT CRANSLEY HOSPICE WILL STILL BE HERE IN TWO OR THREE YEARS. IF IT'S NOT, THEN WE WILL ALL LOSE OUT.”
ALI MCCLURE



ENTER OUR
PHOTOGRAPHY
COMPETITION FOR
THE CHANCE TO

WIN

PRIZE FOR ADULT
AND
UNDER 16 YEARS

THE BIG GARDEN PARTY

AUGUST BANK HOLIDAY WEEKEND

Don't miss this! What better excuse to get together and make memories with all the people you've missed being with during the lockdown. Whether you like a barbeque or a cuppa, sharing it with good friends and supporting Cransley, it'll be a recipe for success!

Register via our website to receive your fundraising pack containing all the essentials; bunting, balloons, recipes and lots of fundraising ideas. <https://www.cransleyhospice.org.uk/event/the-big-garden-party/>



PHOTOGRAPHY COMPETITION

A picture speaks a thousand words and to celebrate this special time, we will be running a photography competition.

We want to see your favourite photograph that tells the story of your BIG Garden Party, whether you're an amateur photographer or a professional. There will be a prize for each category; 16 yrs. and under, and over 16. Photographs will be judged by a panel including a representative from Bosworths Garden Centre and photographer Rob Lunan.

For full Ts & Cs and to download an entry form go to www.cransleyhospice.org.uk/photography-competition. Closing date 30.09.2020.



LOOKING AHEAD

LOTS OF EXCITING EVENTS COMING UP!

- The Million Kilogram Challenge in Partnership with KRFC, 25th July 2020
- 1000th Lottery draw, 31st July 2020
- Cransley BIG Cycle, 2nd August 2020
- Cransley BIG Garden Party, August Bank Holiday
- Bubble Rush, 13th September 2020*
- Cransley 20th Anniversary Road Race, 20th September 2020*

2020 Challenge Events

- Skydive Challenge, 5th and 6th September 2020
- Mudnificent 7, 26th September 2020

*subject to government guidelines



Kettering Rugby Football Club score a Try with Cransley Hospice

KRFC and Cransley Hospice Trust announce a new and exciting two-year event-based partnership. The relationship will be centred around four events over two years through which the two organisations aim to raise £50,000 which will be split between the two neighbours.

The partnership kicks-off their first fundraising event, The Million Kilogram Challenge on the 25th July at KRFC where participants in team Cransley and team KRFC will be working together to lift a total of 1,000,000 kilos.

SHARON'S JOURNEY TO BECOME A RGN AT CRANSLEY

We caught up with Sharon Butlin to take a look back at her journey and experience and how she got to be a specialist palliative care nurse here at Cransley Hospice:

"After leaving school at 16, I started work in a hairdresser's and to earn some extra money I worked at a local care home at weekends. I soon realised I wanted to work in care full-time, which I did for quite a few years. I liked my job and continued working part time when I had my children, but when they both started full time school I realised I wanted a bit more from my work and registered for an access course at Tresham.

This gave me the stepping stone to a 3-year Adult Nursing Diploma course at the University of Northampton. It wasn't easy; being a mature student, studying, working and looking after 2 little kids. Finishing an assignment at 3.00am in the morning isn't ideal, but you manage, and juggle life, if the cleaning doesn't get done for a bit, it's fine. I was determined!

After qualifying I worked at KGH on the Naseby ward, before moving to Intensive Care. I did lots of courses, including working with the palliative care patients and when my dad was diagnosed with Cancer, my family and I nursed him at home and this helped me decide that this was really where my heart needed to be.

When I recently saw the position come up at Cransley I didn't hesitate and just went for it. I have only been here a few weeks, but I love it! I love coming to work, everyone at the hospice is so welcoming.

If I could give anyone any advice about coming into the profession, at any age, I would say, don't let anyone tell you you can't do it. It's so rewarding and a privilege to be here."

**"DON'T LET
ANYONE TELL YOU
YOU CAN'T DO IT.
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HERE."**



HISTORY OF CRANSLEY HOSPICE - PART 1

BY REV. DR. JOHN SMITH

Hospices are often developed after years of planning and fundraising but not in Cransley's case. Overnight would be an exaggeration but only just. When I was appointed Consultant in Palliative Medicine in 1995 the county had only one hospice, Cynthia Spencer in Northampton. It soon became apparent that patients from this end of the county with serious and complex problems at the end of their lives had little chance of being admitted there.

Whilst walking through St. Mary's Hospital with Linda Morrison, a Macmillan nurse, we spotted 2 half empty long stay wards; Cransley and Pytchley, strangely homely with wallpaper on the walls and flowered duvets on the beds. "That would make a nice hospice ward" we said aloud pointing to Cransley.

OUR RETAIL SHOP REOPENS ON 10TH OF AUGUST

It was a very sad day for all of us when we had to close the Cransley shops in March due to the Coronavirus.

We are delighted however that our retail shop manager Karen will be reopening the shop with 2 metre social distancing measures in place on 10th August. Donations will be accepted by appointment. To book an appointment contact the shop on 01536 414343.



Within a week the ward sister was on the phone saying I could have 4 beds. It was wonderfully crazy, and a week later I admitted a patient and soon I was filling the ward. The nursing staff adapted and were magnificent, as they are today, because it is skilled care that matters and always will. And yet, Cransley was a strange little ward. There wasn't even a proper bathroom and the armchairs would have looked better on a skip! Within a year £100,000 was raised over a weekend to modernise and convert the ward, and Cransley became what it was in all but name. No planning, no massive fundraising appeals and no years of anticipation, but that is what we need to do now as we must move from our present building - the successor to that old and lovely Cransley ward but more of that next time. (Part 2 in our September issue)



Our eBay shop is open for business NOW and it's well worth a look! You can also sell your items directly at <https://charity.ebay.co.uk/charity/Cransley-Hospice-Trust/182146>.

We are adapting the coffee shop so that Suzanne and the team will be open again and selling the delicious toasties and cakes very soon!

PLAY OUR HOSPICE LOTTERY!

JOINING OUR HOSPICE LOTTERY IS A FUN AND EASY WAY YOU CAN RAISE MONEY TO HELP OUR HOSPICE CONTINUE TO PROVIDE SPECIALIST CARE IN OUR COMMUNITY, AND YOU HAVE THE CHANCE TO WIN TOO!

Every Friday winners are chosen at random for the guaranteed 1 x £1,000 prize and 175 x £10 prizes.

The £500 rollover prize is selected from random numbers and if not won, goes up by £500 each week, up to a maximum of £25,000.

Sign up via the website:
<https://www.yourhospicelottery.org.uk/hospices/cransley-hospice.aspx>

Check the winning numbers each week at:
<https://www.yourhospicelottery.org.uk/results/>

£1000 Cransley winner "I want to do a few good things with it. I'm going to treat my partner to eye surgery and myself to some stones for my front garden"

£10 per week to play

Looking for a fun and easy way to support us?

Play the lottery and have a chance of winning weekly guaranteed prizes up to £1000, and a rollover of up to £25,000, all whilst helping to raise much needed funds!

JOIN NOW >

Over 175 weekly prizes

Support your local hospice

CRANSLEY lottery

Cransley Hospice

SUPPORT CRANSLEY FROM THE COMFORT OF YOUR SOFA

CRANSLEY EBAY SHOP

SHOP OR DONATE TO OUR EBAY SHOP



<https://charity.ebay.co.uk/charity/Cransley-Hospice-Trust/182146>

AMAZON SMILE

THINK OF US ANYTIME YOU SHOP ON AMAZON

<https://smile.amazon.co.uk>

GIVE AS YOU LIVE

RAISE FREE FUNDS FOR US ONLINE



<https://www.giveasyoulive.com>

THEGIVINGMACHINE

GENERATE DONATIONS FOR CRANSLEY HOSPICE

<https://www.thegivingmachine.co.uk>

Follow us on our social channels



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