

Spring/Summer 2019

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Real Life Angels

Celebrating 20-years of our Hospice

You Put The Smiles On Our Faces!

A big hello and welcome to the Spring-Summer 2019 edition of our newsletter from your fabulous fundraisers. It doesn't seem to have been five-minutes since we put together the Autumn-Winter edition, but when we look at how far we have come in the past six months, we are overwhelmed at the level of help, enthusiasm and donations that we have received from you – our incredible supporters!

Since we last updated you we've been incredibly busy! We celebrated the 20th Anniversary of the hospice, welcomed new team members – Community Fundraising Manager, Mary Hollands and our new mascot, Cassie the Cransley Crocodile – and delivered six record breaking events, all of which played a very important part in delivering our annual fundraising target of almost £1.4 million.

We're lucky enough to have had a fantastic selection of businesses come forward to offer their support and as ever, our community rallies together to host spectacular concerts, cake sales and other events on our behalf – we really couldn't be more grateful.

Despite tough economic times, we have been blown away by the continued commitment of our loyal supporters. The past year brought several big challenges to the team but we are excited and motivated for the year ahead – knowing that the work we do every day provides continued security for our hospice and enables more local people than ever before to receive essential support in their final days.

For now, we'll leave you with this jam-packed issue of the newsletter, but we always love to hear from you – so if there is any feedback you'd like to share, or to get in touch for any reason, just reach out to us and we'd be delighted to help!



@CransleyFundraising



Cransley Hospice Trust



@CransleyHospice



@CransleyHospice

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Lottery Raises £280k!



Loyal 'Your Hospice Lottery' players pledging £1 per week to Cransley Hospice have now raised over £280,000!

Every penny of the £289,402 raised goes towards maintaining the essential services we offer both in the

Hospice and in our local community.

We have been overwhelmed by the generosity and support given by local supporters since we ran our first lottery draw in May 2014, with over 4,600 numbers now played in the draw each week.

Over the past five years, the lottery has generated 2,847 winners amongst our players; including a rollover jackpot winner of £1,250, 18 claiming the top prize of £1,000, equating to a grand total of £51,025 in prize money.

Alex Howe, Head of Lottery at 'Your Hospice Lottery' commented "We are delighted to have helped Cransley

Hospice raise over £280,000 in the past four-and-a-half years. The response from the generous community of North Northamptonshire has been overwhelming and long may it continue allowing the hospice to make every moment count for patients and their families."

Our lottery is one of the easiest and most cost-effective ways to provide long term support to the hospice, with the added benefit of possibly winning something for yourself too!

It only costs players £1 per play each week and you have the chance of winning one of 136 guaranteed prizes ranging from £10 to £1,000 and a rollover jackpot, which if not won increases by £250 up to a maximum of £10,000. The last time the rollover jackpot reached the maximum was in September 2018, when a winner of £10,000 was guaranteed! Could you be our next big rollover winner?

To sign up for the lottery, simply visit: www.yourhospicelottery.org.uk/hospices/cransley-hospice or call 0800 285 1390. Players must be 16 or over.

Snapshot!

Let us take you through some of the highlights from the past six months – and look ahead to exciting activities ahead of us as we move forward into 2019.



We are delighted to have Keith Ogle and Alex Fisher signed up to tackle the Great Wall of China Trek for us this coming September!

If you'd like to join them, or to find out more for the 2020 challenge visit our website!



In December, we held our first 'Festive Feet' campaign. Participants wore their finest Christmas socks and snapped a picture, before making a donation to us. The campaign raised over £450 and saw support from babies through to grandparents, with everyone wanting to get into the Christmas spirit for a good cause!

Our fabulous Facebook Fans have been digging deep and donations have been pouring in from as far afield as Australia, with families around the world touched and inspired by the incredible work we do! By donating directly on our Facebook page, contributing to one of our official Facebook fundraisers or making a donation to a Birthday fundraiser your friends have set up for Cransley Hospice, Facebook supporters have helped us raise over £7,500 since we first registered for this phenomenal free service less than a year ago! Every penny donated on Facebook comes directly to us, with no additional charges, so it's a quick and convenient way to make your donation. A big **THANK YOU** to everyone who has supported us in this way.

We're very excited to be receiving an INCREDIBLE new garden at our hospice this Summer!

It's all thanks to local RHS Young Designer of the Year 2016 Caitlin McLaughlin of Thrift Landscapes who chose Cransley Hospice as the home for her new spectacular garden design following Hampton Court Flower Show this July.

Thanks to sponsorship from local Gin producers Warners, the garden is making the journey from the show and back to our hospice, where patients, families and staff can relax and enjoy the beautiful new surroundings!

Full report coming in our next newsletter.



20 Years of our Hospice!

In November, we celebrated 20-years since our hospice opened its doors for the first time on the ground floor of Sunley Court at the St Mary's Hospital Site in Kettering.

Although every single day, we recognise the incredible value and importance of the hospice – it was a unique opportunity to look back at just how far we have come over the past two-decades and to reflect on the impact we have had on the care of local people.

Our founder, Rev. Dr. John Smith said: "The hospice has given a heart to the community. By caring for the very sick and their families it is saying we are all valued, each one of us, we are loved."

To commemorate this milestone, we welcomed Sam Wildman from the Northants Telegraph along to witness first hand the incredible work that is done each day, both within the confines of the hospice building and out in the community via our Hospice at Home



service. Sam discovered that "...it was so easy to see why the hospice is so loved. Staff were warm, friendly and inviting."

But of course, without your support, we may not be where we are today. Patient and Family Liaison Worker, Heather Cook commented: "Having been in the post for three-and-a-half years I

recognise that we are indebted to the public for their ongoing support. This helps us to provide quality of care to our patients and those closest to them."

So it's thanks to supporters like you that we will be here for many years more, providing care and compassion to those in need!

We love hearing about the impact our care has had on so many lives.

Here is some special feedback from our Facebook supporters...

“Not only did they care for my mum in the last weeks of her life, but they understood we came as a pair and they cared for me too. These people are angels on earth!”

“On Dad’s last day before he died one member of staff was due to finish work at 5pm but stayed until Dad passed away with all his family around him at 11pm. She then helped look after us and went through what we needed to do next. This place is incredible and the staff are amazing.”

“I would not hesitate to recommend Cransley because your loved one will be safe and looked after lovingly.”

“When our loved one was admitted to Cransley I had the utter dread and fear of how horrific a hospice must be...I could not have been more wrong. Cransley made her feel that she wasn’t a ‘burden’, that she could talk openly and more importantly feel comfortable. The staff truly are wonderful. The laughs, the tears, the understanding and compassion is there in abundance. We felt safe knowing our loved one had the BEST care possible and she was a person not simply an NHS number. They always had time for her, and us, and nothing was too much trouble.”

“If you visit Cransley, you will find a wonderful light, bright, cheerful place, full of laughter and gentle kindness.”

“Without Cransley, Pip would not have enjoyed strawberry milkshake or shared brandy shots at home. Moments enjoyed, moments shared, moments in life ... thank you so very much!”

“What amazing people - here to look after our loved ones until the end....real life angels... thank you.”

“Cransley gave us time together..”

Inspirational wife and mother Alison Spence was just 42 when she passed away at home last November. Her daughter Shannon (25) proudly speaks of her battle and how Cransley Hospice allowed the family to enjoy their beloved Alison in her final weeks of life.

“Mum watched on as I walked down the aisle in June 2015. We had always been inseparable, she was my best friend. Mum and Dad even joined us on our Honeymoon to Cyprus following the wedding!

“For some time, mum had struggled with an upset stomach, but she’d always put this down to IBS. It wasn’t until we returned from Cyprus that she was forced to seek scans and tests due to increased pain. In September 2015, Mum was formally diagnosed with bowel cancer. She couldn’t tell me, my dad had to deliver the news, that was the kind of person she was – always thinking about the impact it would have on others.

“She underwent radiation and chemotherapy over the next few months before finally resorting to surgery in March 2016 to remove her bowel and lymph nodes. At this time, they also carried out additional scans to check that the cancer had not spread, but heartbreakingly a PET scan revealed that she had tumours on both lungs and she was diagnosed as terminal.

“Mum was such a fighter! She

managed to keep the cancer at bay for over a year and continued to enjoy a great quality of life. She loved her job as a Housing Manager and carried on working as normal for as long as she could. We entered the ‘Pretty Muddy’ event together in June 2016 and mum heroically managed the whole course – you wouldn’t have even known she was sick!



“In December 2017, she was rushed to A&E with pain in her ribs and we suffered another blow as doctors told us the cancer had now spread to her bones. In February 2018, mum made the difficult decision to stop all treatment. She was fed up of being a patient and said to me and Dad, ‘Let’s live life!’

“In April 2018 we took an incredible trip of a lifetime with the whole family to the Dominican Republic. Mum was in her element and we



made some fantastic memories on that holiday!

“Doctors discovered four brain tumours during a scan in July 2018 and Mum was told that she had just weeks to live – but still she refused to give up! On the 31st August, we held an incredible surprise party for Mum, with an Alice in Wonderland Mad Hatter’s Tea Party theme, which was Mum’s obsession! Over 300 people showed up to celebrate with us, including relatives she hadn’t seen for years. We also raised over £2,000 at the party, which we donated to Cransley and Kettering General Hospital.



“After this, Mum gradually declined. She went to visit Cransley Hospice and was reassured by the incredibly compassionate nurses she met there. She was still determined to live life to the full – we’d still go to the cinema and even took an extravagant girls trip to London – but she began to lose her mobility and by the end of September, Dad and I were caring for her full-time at home with the support of the Hospice at Home team.

“On the 20th October, she collapsed at home and began having seizures. Rapid Response Nurses attended and sedated her, but it was obvious she was suffering. Dad and I were distraught. We were desperate for Mum to be admitted to Cransley, but by this stage it was the middle of the night!

“Breaking with protocol, the heroic team at Cransley went above and beyond to help us – and Mum was accepted as an in-patient at 3am on the 21st October. The incredible consultant who admitted her even had to show up in her pyjamas, but she was so eager to help ease Mum’s discomfort. We were told she had just hours to live and the whole family rushed to her bedside.

“Unbelievably, by the next afternoon Mum came around – and was back talking to us again!

“The nurses were complete angels during Mum’s stay. If she was bad-tempered or confused, they completely understood

this wasn’t her and it was just the cancer talking. They allowed her to enjoy her vices (popping out in her wheelchair for a smoke!) and mum had so many visitors – including our dogs and my new tiny kitten, Martha, who stole the hearts of everyone in the hospice!



“The team at Cransley always made sure we had somewhere comfortable to stay by Mum’s side and looked after us all, as a family. Mum was very creative and when she was able, they did crafts together and provided reassurance whenever Mum was scared about what was to come.

“As time went on, Mum began to insist that she wanted to die at home, so on the 20th November, it was arranged for her to come home. I really can’t explain how much Cransley supported us during this time – we were nervous about what to expect but the Nurses were so reassuring and they sorted absolutely everything for us – including a bed, oxygen and a carer to live with us.

“Mum passed away peacefully at home at 11.30am on the 23rd November, surrounded by her family and four beloved cats – and with the support of the Hospice at Home nurses.

“Without the support of Cransley, Mum would have suffered and her death would have been undignified. She was a proud lady and I know the respect and compassion shown by the Nurses would have meant the world to her.

“Cransley gave us all a gift – the chance to enjoy Mum in her final weeks. Caring for her had become very difficult and that stress was

completely lifted from us, allowing us just to focus on making memories.

“Since Mum’s passing, I have shown my gratitude for the care they gave her by fundraising for Cransley. As well as all of the funeral donations coming to the charity, I also entered the ‘Santa Saunter’ with my dog Casper in December and raised almost £1,000!

“This year, I’m helping other families like ours by arranging ‘Carer’s Packs’ for family members who unexpectedly have to stay with a loved one at the hospice via my non-profit organisation, ‘Gift of a Smile’ – and I’ve also signed up to tackle the Bubble Rush in May. I know Mum would be really proud of how I’m trying to help other people like her.

“Ultimately, I don’t want my Mum to be forgotten. By sharing her story, I’m ensuring that her memory lives on and her experience will bring peace and reassurance to other patients about what they can expect under the care of Cransley Hospice.”

In loving memory of Alison Spence
27.05.76 – 23.11.18



A Virtual Tour To Reassure!

We are in the process of filming a virtual tour of our hospice, which can be used on our website to reassure future patients that it’s actually a safe, calming place and not somewhere to be afraid of!

A huge **THANK YOU** to Daniel and the team at Label 89 Productions for his assistance with this project. Daniel has been helping the fundraising team for the past year to create amazing videos of our events and in 2019 he’s helping us with clinical and corporate videos as well! We’re so grateful for his on-going support, it makes a huge difference to us and we love working with Label 89 Productions!

2018: A Year of Record Breaking Events

Over 3,000 people took part in one of our events!

260,000 people saw our events on Facebook!

6 dogs participated in our 'Santa Saunter Doggy Fundraiser' in December and earned themselves a pawsome bandanna!

5 very special events were captured on film! Did you spot yourself?

Our events raised over £125,000 throughout the year!

12 fabulous corporate partners helped us by giving financial sponsorship to an event!

Fundraisers fundraise too! Some of the Fundraising Team entered the Dragonboat races in September and raised over £800!

Summer saw **17 gardens** bloom for our Open Gardens series!

The BUBBLE RUSH was the most popular event of the year raising almost **£28,000!**

92% of Cycle for Cransley participants will take part again next year!

2 of our events SOLD OUT! Every event increased participant numbers from previous years!

Attendance at the **Tree of Lights** service more than **DOUBLED** - and the new venue within the St Mary's Hospital site was very well received!

Tree of Lights Comes Home



Almost 600 people braced the elements for an incredibly poignant 'Tree of Lights' service at our Fundraising Office on Sunday 2nd December.

In honour of our 20th Anniversary celebrations, we brought the service home to the St Mary's Hospital site in Kettering, away from its usual location in Jubilee Gardens. This decision was warmly welcomed by the local community and attendees commented on the improvements to the sound, capacity and overall ambiance of the event versus previous years.

The reflective service, led by Rev Dr John Smith included readings, carols and music allowing people to come together in remembrance of those who are no longer with us.

The 'Tree of Lights' campaign was an incredible success and despite economic challenges, we were once again blown away by the generosity of our community who helped us to raise a phenomenal £15,030 which will enable us to continue providing an outstanding quality of care to those at the end of their lives.

Sweaty Success at Zumbathon



We were excited to kick off the new year with our brand-new event, the Cransley Hospice Zumbathon!

Saturday 26th January saw 29 participants arriving at Tresham Hall in the market town of Rothwell, all raring to go. The challenging two-hour Zumba class, led by Roberto Zumba, got everyone on their feet and busting a move for Cransley.

There were mouth-watering cakes provided during the break - which we can confirm were very well deserved - and a tombola with fabulous prizes scooped up by the lucky winners.

Feedback from all of the participants was incredibly positive and the day raised almost £400! Thank you to everyone who participated as without you, this wouldn't have been possible.

Key Dates for 2019...

Lanterns at the Lakes

24th Mar

A reflective one mile memory walk around the picturesque Stanwick Lakes at sunset to remember those we have loved and lost. Tickets £10 adults, £5 under 12's - both include a lantern. Under 3's free (no lantern).

Bubble Rush

18th May

The most bubble-tastic day out for the whole family at Wicksteed Park in this 5k with a bubbly-twist! Tickets £22 adults, £8 children, baby buggies under 3 are free.

Mirrored Ball

14th Jun

Our Annual Summer Ball at Harrowden Hall has an extravagant mirror theme with plenty of surprises in-store! £50pp incl. gin & fizz reception and three course meal.



Cycle for Cransley

23rd Jun

Kettering's only cycling sportive with 10, 25, 50 or 63-mile routes to choose from! All rides starting from Kettering Rugby Club. Tickets starting from £10 according to route.

Jail or Bail

30th Aug

Delight as we lock up scoundrels from the Northamptonshire business-world for the day! But will you 'Jail or Bail' them?

Road Races

15th Sept

Our popular Road Races are back for 2019 with a fantastic choice of routes around Cranford including a 2.3k for juniors, a 10k and a 1/2 marathon! Entry from £18



Men's Day Out

09th Nov

A sponsored walk with treats en-route. Pint and pastie. Rugby Game. Quality time with the boys. What more could you ask for? Finishing at Kettering Rugby Club. Tickets TBC

Tree of Lights

01st Dec

Join us outside our Fundraising Office for this touching service to remember loved ones departed. Donations to our annual campaign gratefully received.

And not forgetting...

Watch this space for further announcements, including our OPEN GARDENS SERIES in the Spring and a fabulously jolly FESTIVE EVENT in December! Be the first to hear about all of the latest event launches... follow us on Facebook!

Do you fancy a 'Men's Day Out?'



With so many events targetted at women and children, isn't it time the boys got a look in?

Introducing 'Men's Day Out,' a fantastic fundraiser on Saturday 9th November! Gather the guys and take part in this 10k sponsored walk, stopping off en-route for a whole host of treats and challenges and finishing at Kettering Rugby Club, where you'll be rewarded with a pint and a pastie, as well as a quality rugby game to watch.

It's the perfect excuse to get out of the house and have a fun-filled day out with the lads while also raising some money for your local hospice!

This event will be launching in the next few weeks, so keep an eye on our Facebook page and website to be the first to secure your place on this hearty 'Men's Day Out'!

Will you 'Jail or Bail?'

On Friday 30th August, we'll be locking up some of Northamptonshire's finest business scoundrels for our new fundraiser, Jail or Bail!

Thanks to kind support from the Northants Police, we'll be bringing several mobile cell vans to a prominent local venue and asking nearby shoppers and supporters if they'd pay to 'Jail or Bail'!

We're still seeking the final few unsuspecting inmates, so if you'd like to get involved (or to nominate your boss!) get in touch with our Events team!

Our very own Wendy Reason, Director of Income Generation will be chained up for the day... although the Fundraising Team have yet to decide if we'll be paying to 'Jail or Bail' her!



Pedal Power at Cycle for Cransley!

Back by popular demand, Cycle for Cransley - Kettering's only cycling sportive, will return to Kettering Rugby Club on Sunday 23rd June.

With four exhilarating and picturesque routes through the rolling Northampton countryside, this incredible cycling challenge offers something for all ages and abilities. There's a 10-mile, 25-mile, 50-mile and (new for 2019) a fantastic 63-mile (100km) fondo to choose from! All rides will begin from the 'Kettering Rugby Club'.

Thanks to generous support from our Headline sponsors 'KLM Taxis' and 'Tollers Solicitors', the event will be bigger and better than ever before.

We're offering energising feed stations on the 25-mile, 50-mile and 63-mile routes, as well as a new and improved Event Village, with mouth-watering catering, fabulous live entertainment and thrilling cycling skills activities for younger participants. Event partner 'C&D Cycles' will be on-site for all your biking needs and last-minute repairs. Once more there will be a fabulous medal for every finisher!

Sponsorship is actively encouraged and we have a fantastic treat to motivate all riders. Simply raise over £150 and we will reward you with an exclusive Cycle for Cransley technical jersey to wear and enjoy!

Tickets are priced at £10 (10-mile), £15 (25-mile), £20 (50-mile) and £25 (Fondo/63-mile) Under 16's are just £5 on any route, but must ride with a responsible adult.

What are you waiting for? Tickets are strictly limited by the safety capacity for the event and are not expected to last for long! Sign up TODAY on Facebook or via our website.

Not satisfied with taking on the 63-mile challenge at Cycle for Cransley, head-honchos at KLM Taxi's and Toller's Solicitors are then embarking on an epic London to Paris challenge in July to raise even more money for our hospice! If you're inspired to follow their lead, you can sign up for the London to Paris challenge yourself - just visit the event pages of our website for further information. For those of us with a little less stamina, we'll be sharing our training hints and tips on social media in the run up to Cycle for Cransley to ensure you're prepared, whatever distance you decide to undertake.

Young Supporters

We're so excited to have young supporters who make a real difference to our fundraising! Between them, these inspirational youngsters have helped us to raise almost £6,000 during the past year, let's read a little more about how they did it...



Students at Rushton Primary School blew us away when they managed to raise almost £860 by taking part in our Jam Jar Army!

Students managed to fill their jars by taking part in various different activities, including cake sales, baking bread, washing cars and sponsored runs. Even the teachers were delighted by how much they managed to raise!

Find out how your school can get involved below!

Just after Christmas, we were delighted to receive a fabulous donation of £106.38 from young supporters Josie, Phoebe, Max, Finley and Harry.

Each year these talented youngsters put on a fantastic Christmas show - and raise funds for us by selling tickets and refreshments to their families!

They say "...we love giving our money to you as our grandparents have died or been looked after (in the hospice)."

A special mention to Finley, who (aged 10 years-old) donated a whopping £20 of this total from his own pocket money.



Twelve-year-old Tommy James came to hand in his donation of £15 that he had raised by baking homemade dog biscuits and selling these at the Kino Lounge in Kettering!

He had to hand-cut all of the biscuits individually, which took a lot of commitment but the lucky canine recipients were very impressed with his efforts.

Cassie's Favourite Fundraisers

Jam Jar Army

Join our Jam Jar Army! We'll provide you with a label that you can add colours, patterns and stickers to - get creative! Then pop the label on to an empty jar and fill it with money in any way you can! You could hold a bake sale, help with chores around the house or do a sponsored silence.

Once your jar is full, just bring it into our offices or drop it off at one of our shops. We will count up all the money you have donated and let you know the total raised, as well as sending a certificate for you to show off!

Teddy Bear's Picnic

When the weather gets warmer you could host a Teddy Bear's Picnic. Gather your friends

and your favourite teddies and have a picnic in the garden.

Ask your friends and family to make a small donation to eat cake, sandwiches and snacks. Can't wait? Set up a tent in your living room and have an indoor-outdoor picnic!



Cassie's Column

Hello everyone!

I'm Cassie the Cransley Crocodile. I joined the Cransley Hospice Fundraising team in September and I've been having lots of fun going to events and meeting our wonderful supporters!

First of all, I took part in the Junior Toddler at the Road Races where the fantastic young runners put me to shame. I ended up in last place but I still had a fantastic time, I can't wait for next year!

In December I got to dance the floss on stage with Liz from Connect FM at the Burton Latimer Christmas Light Switch On and meet so many new friends. I also met with Olaf and Elsa at our Santa Saunter and I was excited to pet all the dogs that took part in our doggy-fundraising competition.

In January, I was hard at work promoting everything that we have coming up this year - we have some fun events for you to



enter including the Bubble Rush in May, Cycle for Cransley in June and the Road Races in September. Make sure you come and say "hello!" - I love hugs, hi-fives and taking pictures.

There is still space in my diary this year, so if you'd like me to come and visit your school or club then just give the Fundraising Team a call and they will check if I am free on that date! I hope to see you soon!

Love Cassie x

Charity of the Year!

Corporate support is essential to the work that we do. From employee-led fundraising, to sponsoring or taking part in one of our events, these are just a handful of the fantastic local companies who are helping us to raise more money than ever before in 2019

Nationwide

The fabulous folks at Nationwide have been supporting us for ten-months now. Julie Warnes commented: "We at Nationwide chose to support Cransley Hospice because we wanted a local charity that we believed in, where we could genuinely help local people and a charity that our members could get behind and support together".

They have enthusiastically taken part in a vast range of different fundraising activities for us, including hosting charity quiz nights, selling books in branch, selling raffle tickets for hampers, taking part in the 50-mile event at Cycle for Cransley last June and entering a team in the Dragonboat Races in September!



BSH

The incredible team over at BSH have been supporting us since 2013, raising more than £15,000 for us during this time. Staff support us in a whole host of ways and we can always rely on their enthusiasm for taking part in new events and for some fantastic employee-led fundraising.

They say: "We choose to fundraise for Cransley Hospice as they're a local charity and we can see that the money raised is benefitting people in the community. We enjoy the visits from the Fundraising Team who provide an update on how any money raised is being spent and keep us up to date with fundraising ideas and events that the staff can take part in. We've had fun with the £10 challenge, cake sales in the office and even a car wash, as well as organising our own small events and have been regulars at the Dragon Boat Race. As an organisation, we have supported the annual Summer Ball and enjoyed watching our colleagues compete in a fundraising competition to win tickets to attend on the night!"

Chariots

We were delighted when Chariots Specialist Cars recently contacted us to offer their support and they have some fabulous fundraising planned for 2019!

Katie Malcomson told us: "As a local business we take pride in serving, supplying and supporting other local organisations. We love our community and it shows through the work we do. This year we want to do Cycle for Cransley in our own style, with the aim of raising £5,000 for the charity, to help make a real difference. We hope we can reach our target with the help from our generous sponsors, customers, suppliers, friends and family."

Weetabix

Just last month, Weetabix announced that we would be one of three Charity Partners for 2019! The Charity Team at Weetabix will plan and hold a number of on-site fundraising activities to raise money this year - they've already kick-started this by launching a fundraising competition in their offices. What's more, Weetabix employees will also be painting a rainbow at our Bubble Rush in May and bringing down the dancefloor at our Mirrored Ball in June.

Stuart Branch, Group People and IT Director at Weetabix, said: "Giving back to the local Northamptonshire community is an important part of our charity ethos here at Weetabix and we're very proud to begin working with Cransley Hospice. We gave our employees the opportunity to choose which local charity partner they would like to champion and Cransley came out on top with many employees having friends and family who have benefited from the incredible work they do. We're looking forward to helping make a real difference to the lives of those individuals the hospice supports and our whole workforce is keen to get behind the new partnership."

Western Power

The superstars over at Western Power Distribution have been supporting us for the past seven-years and continue to be the headline sponsors of our annual Road Races in September!

Richard MacGowan comments: "Western Power Distribution are really pleased to be involved with this local charity. We have lots of staff living in the Kettering area so we all have friends or family who have gone to Cransley Hospice for help and so we are naturally delighted to be able to give something back. We've been particularly interested in the Cransley Hospice 10K - We've sponsored the event for a number of years but have also encouraged our colleagues to get involved! Rest assured, we'll be there in strength in September."

Can you help us?

Support from local businesses makes the world of difference! And what's more, it doesn't always have to be about a financial-investment! Maybe your company can donate t-shirts for events, gifts for our tombolas, print banners for promotions or help us improve our website?

If your company can donate goods or services that could help us, we'll be able to raise even more money - making a dramatic impact on the care of local people at the end of their lives thanks to your support!

To discuss how you could help us, just call 01536 452 423 or email info@cransleyhospice.org.uk - we'd love to hear from you!

Our Community Heroes

Every year we rely on incredible support from people in our community who raise money for us by hosting their own events, taking on challenges or taking part in one of our campaigns. **THANK YOU!** Your support is valued more than you will ever know.



Cuppa for Cransley

Our popular 'Cuppa for Cransley' campaign is back for 2019 and this year, it will run for a whole month throughout June.

Taking part is really easy. Simply organise your 'Cuppa For Cransley' event and promote it (after the campaign launch in April, we'll even have some materials to help you to do this!)

It doesn't have to be elaborate, you could invite your friends and family around for an afternoon tea - or encourage all your colleagues to bring delicious treats into the office to share together. What's more, you can fake it or bake it - so a lack of baking skills is no excuse for not getting involved!

If you need more help or would like to request a 'Cuppa for Cransley' event pack, just contact our fundraising team at info@cransleyhospice.org.uk or call 01536 452 423 and we'll be happy to help you out.



It all adds up!

Whilst doing your weekly shop, you may have seen one of our fabulous volunteers collecting in-store or hosting a tombola. These collections are a vital source of income for us, as the average supermarket collections raises over £250!

In order to continue with these collections, we need volunteers to help us on the day. If you can spare an hour or two on weekdays or weekends, please let us know.

If you can't volunteer, could you nominate us? Most supermarkets have community funds, raised by placing plastic tokens into the boxes at the front of the store. To get a spot in one of those boxes, the public need to nominate us by filling out a form, available in store. We would be very appreciative if you could nominate us when picking up your weekly shopping. They say every little helps and we couldn't agree more!

Tea-tastic!

We were drooling recently as Nicola Speed sent us pictures from her fabulous Afternoon Tea event, which she held on the 2nd February. Nicola invited family and friends to support her and indulge in a wonderful spread of delicious cakes! You can see from the smiles that everyone had a lovely time and they raised an incredible £278!



Hot Stuff

We were on fire at one of our street collections in Kettering Town Centre last October thanks to incredible support from the Red Watch at Kettering Fire Station, The Happy Together Ukulele Band and the Emergency Services Cadets!

Thanks to their enthusiasm, we raised £338.67 from this collection and raised awareness about the work we do in our community!



Woodfordstock

The team behind the Woodfordstock Music Festival are some of our most loyal supporters! Last year they raised an absolute record-breaking £11,722 for Cransley Hospice, from a whole range of activities over the festival weekend.

The group have raised more than £55,000 for us since they first started fundraising, we couldn't be more grateful! Watch out for details of the 2019 festival coming soon.

Cransley Hospice Choir Summer Concert

Save the date for the next spectacular concert by our fabulous Cransley Hospice Community Choir, to be held at the Kettering Science Academy Theatre. Tickets coming soon!

July 18

In Loving Memory

Leave a Lasting Legacy

MAR '19

Thinking about drafting a will is something that you probably push down your to-do list. A recent study by Macmillan Cancer Support discovered that more than 42% of UK adults don't have a will, but without people like you remembering Cransley Hospice in their wills every year, we would have a disastrous shortfall in the money we are able to raise.

As an average, almost 25% of the income we generate each year for the charity is with thanks to generous benefactors who think of us when drafting their will.

The next 'Free Will Month' takes place in March 2018, so it's the ideal time to think about remembering us if your will. It's easy to set up too, you just need to instruct your solicitor with your wishes and mention our registered address and charity number (1151018) which you can find on our website.

For more information, please visit our 'Gifts in Wills' webpage at www.cransleyhospice.org.uk/support-us/gifts-in-wills or call us on 01536 452 423. Whilst we always recommend you seek professional legal advice when writing your Will, we are very happy to discuss how such a bequest would benefit our patients and families.

Have you set up your Scrapbook yet?



Our 'Scrapbook of Memories,' in association with Much Loved is a beautiful online platform that enables individuals to create a lasting testimonial to those that they have loved and lost, by adding photos, videos, music, virtual candles, personal messages and more on their unique pages.

What's more, over the past twelve-months, generous donors have raised over £1,630 for us through the current tribute pages, which makes an incredible difference for the care of future patients!

The 'Scrapbook of Memories' is completely free to use, just visit <https://cransleyhosp.muchloved.org/> to set up your own page or for further information.

Flying High For Loved Ones Lost

A huge proportion of the money raised for us each year is in memory of a loved one. Whether you have lost someone in our hospice, or your loss has just made you more aware of end-of-life care - it's a beautiful way to commemorate someone's life, by helping fund the care of others!

Brave fundraiser Kieran took to the skies to complete a fantastic sky dive in memory of his Auntie Kerry and raised an incredible £1,430. We're so impressed!

If you'd like to sky dive for Cransley Hospice this year, get in touch with us - we have various dates on hold throughout the year!



Lanterns at the Lakes

Have you purchased your tickets yet for our beautiful new in-memory event, Lanterns at the Lakes on Sunday 24th March 2019?

This brand new, fully-accessible one-mile walk at sunset around the picturesque Stanwick Lakes will be a fantastic chance to come together and reflect on those we have loved and lost, while raising money for Cransley Hospice.

The walk begins at 5pm at the Stanwick Lakes Visitors Centre and we will take a gentle and reflective walk around the lake with our handheld paper lanterns. There will be a poignant, inclusive service before the walk begins, to allow us to cherish special memories of those who are no longer with us. Following the walk, we will congregate in the Visitors Centre to warm up with hot drinks (not included) and to share photos and stories on our 'memory tree.'

It is hoped that in time, this beautiful event will grow to be an unmissable date in our annual calendar, giving people a chance to come together not unlike our Tree of Lights service in December. Gone is never forgotten.

Tickets are just £10 for adults and £5 for children, both ticket types also include a lantern. Under 3's are free of charge (with no lantern included). Car Parking is free of charge for ticket holders only.

Fundraising for this event is actively encouraged and the money raised will enable us to provide compassionate care to more local people at the end of their lives.

Purchase your tickets online today or call our Fundraising Office on 01536 452 423. We hope to see you there!