



NORTHAMPTONSHIRE ATHLETIC ASSOCIATION

The Cransley Hospice Half Marathon incorporates the Northamptonshire Half Marathon Championships.

The following categories apply:

Junior Men
Senior Men
Master Men
Junior Ladies
Senior Ladies
Master Ladies

County Qualification: By birth or 9 months continual residence.

If it is your intention to enter these County Championships, then entry forms and details are available at your Northamptonshire Club and /or website. You should, of course enter the Cransley Hospice Half Marathon independently.

For further information and entry forms, please contact:

Mike Burgoyne,
114 Westbrook,
Blisworth,
Northants
NN7 3EN

Email: mike_burgouk@Yahoo.co.uk.



Cransley Hospice
St Mary's Hospital
London Road
Kettering
Northants NN15 7PW

Fundraiser: Diana Patrick
Fundraising Office Tel: 01536 533130
Email: diana.patrick@northants.nhs.uk
Registered Charity Number 1052867
www.cransleyhospice.org.uk



and community palliative care

(Registered Charity No. 1052867)

supported by

KETTERING TOWN HARRIERS

&

KETTERING BOROUGH COUNCIL

Proudly present the

10th ANNUAL

10K & HALF MARATHON

ROAD RACES

(Under UK Athletic Rules)

to include Team Event

Fun Run for 9-14 year olds commencing at 10.15 a.m.

SUNDAY, 19 SEPTEMBER 2010
ADULT RACES START 11:00AM PROMPT

Cranford, Nr Kettering, Northants, NN14 4AQ

[2 miles from Junction 10 off A14]

ACCURATELY MEASURED COURSES

Race Permit applied for.

Not suitable for wheelchairs, prams or pushchairs

[NAA Half Marathon Championships will be run in conjunction with the Half Marathon Race]

Race limit – 450 for 10k & 350 for Half Marathon



Kettering
Borough Council

REGULATIONS

Minimum age for 10k for both males & females
is 15 years on 19/9/10

Minimum age for Half Marathon for both
males and females is 17 years on 19/9/10

There is a time limit of 3 hours for the Half Marathon

AGE CATEGORIES

Senior Ladies & Men up to 35 years on the day
Masters Ladies & Men 35 years and over on the day

TROPHIES

Trophies for 1st three finishers in Senior Ladies & Men.
Trophies for the 1st three finishers in Masters Ladies & Men age 35 to 49.

PLUS trophies for 1st three finishers in
Masters Ladies & Men aged 50 and over on day

In addition trophy for the 1st affiliated and
non-affiliated team in each race – 6 to score

Mementos will be presented to all finishers on the day

Race packs, including race number, sponsor forms, directional map and
relevant information will be sent after receipt of entry forms. Please be sure to
complete **ALL** details on the entry form in **CAPITAL LETTERS**.

AMPLE CAR PARKING NEAR TO CRANFORD VILLAGE HALL, NN14 4AL.

REFRESHMENTS AVAILABLE TO PURCHASE ON THE DAY

Closing date for postal entries is Wednesday, 15 September 2010

Additional entry forms can be downloaded at
www.cransleyhospice.org.uk or www.ktharriers.com
Fundraising Office 01536 533130

CRANSLEY HOSPICE ROAD RACE OFFICIAL ENTRY FORM

SURNAME:

FORENAME:

MALE/FEMALE:

AGE ON 19.09.10

ADDRESS:

POST CODE:

TEL NO:

EMAIL:

CLUB/SCHOOL/
AFFLD TEAM:

NON-AFFLD
TEAM NAME:

ALL RUNNERS please tick
which race you wish to enter:

10K

Half Marathon

PD	DF	ENTRY FEES £15.00 (£2.00 reduction for Affiliated Athletes i.e. £13). Entries on the day £18/£16 before 10.00 a.m subject to availability. N.B. Strict race limit 10k – 450 participants, ½ Marathon - 350 participants.
RM	NO.	
		Send entry forms together with the entry fee, cheques payable to ' Cransley Hospice ' with an SAE [A5 envelope with 42p stamp] to: Cransley Hospice (Road Race) ,Stockburn Clinic, Southlands, Kettering. NN15 7QG email - christine.holliday@northants.nhs.uk

If you wish to enter the Northamptonshire A A County Half Marathon Championships,
please refer to the information overleaf.

*If you have entered either the Cransley Hospice 10k or Half Marathon Road Races
consecutively for the last nine years, please tick here []*

Declaration: *Please read before signing.* I declare that I am an amateur as defined by UK Athletics rules.
I am medically fit to take part in this event & I enter the race on the understanding that I do so at my own risk.
I will not hold the organisers or their sponsors responsible for any accident, damage or loss, however caused
either before, during, after or as a result of entering the race. I agree to abide by the rules of the event and to
obey instructions given by race officials and marshals. In the event of a dispute, the Race Director's decision
will be final. I also accept that images may be taken during the event and will be used for publicity purposes.

Please note: any sponsor money raised by entering this event should be donated to Cransley Hospice only.

A signed entry form will be considered acceptance of the above declaration and terms.

Signed:

Date:

If you do not wish to be informed of future events planned on behalf of Cransley Hospice please tick here []